



Spend the summer working out with your kids!

What better gift to give them than the **gift** of **health and fitness!**

Teen/Student Group Training MEMBERSHIP

June 1st - September 1st

\$150 for 2 months / \$225 for 3 months

*Valid for teens of current members/clients only. 10-18 years old or valid student card. 10-15 year olds must be present with adult supervision.

Benefits to our Teen/Student Clients:

- Quality time with Mom, Dad, Grandma, Grandpa...
- Lifelong commitment to an "active" lifestyle
- Non-intimidating, fun atmosphere
- Enjoyment of a variety of movement forms
- Challenging but fun physical activity
- Increasing awareness of lifestyle programs
- Fitness for every BODY

Northwest 
PERSONAL TRAINING

NWPersonalTraining.com
info@NWPersonalTraining.com

1011 Broadway
Vancouver
360.574.7292